



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

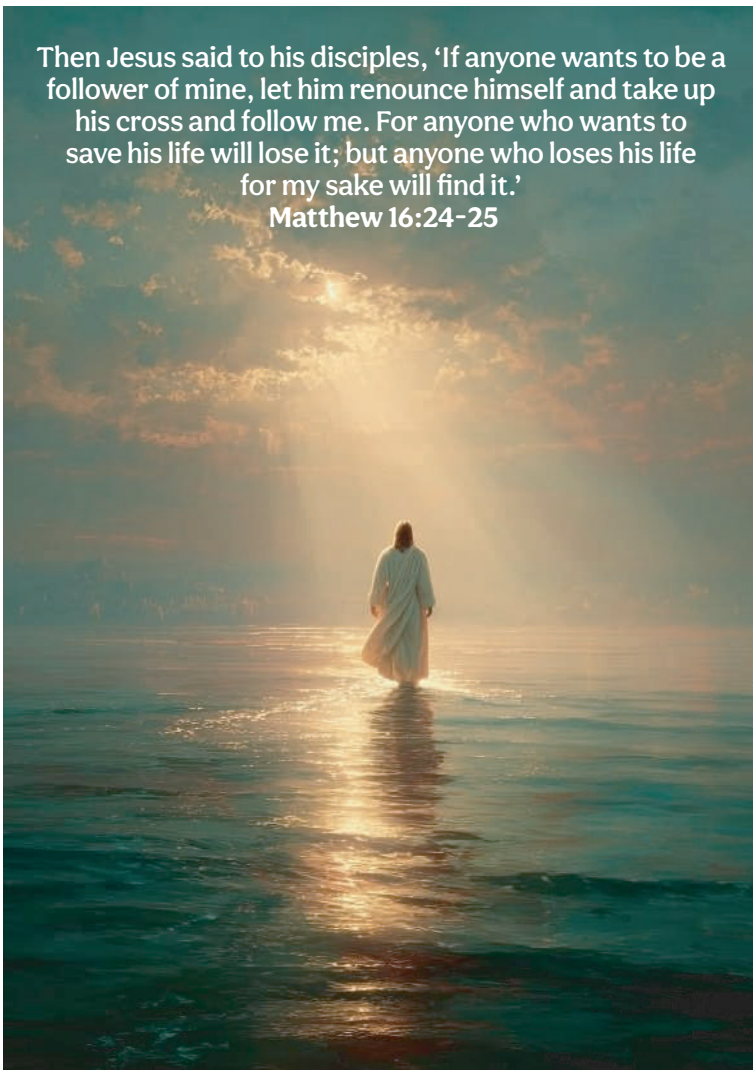
A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - *Sacred Heart Church and Maria Regina Church*



Thoughts of Blessed Francis Jordan

If we desire to save the world and souls, if we desire to come to the aid of the holy church, we must walk the same path walked by Christ and all the saints.

Then Jesus said to his disciples, 'If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me. For anyone who wants to save his life will lose it; but anyone who loses his life for my sake will find it.'
Matthew 16:24-25



DISCIPLESHIP PRAYER

Heavenly Father,
open our hearts to hidden realities;
Your love for all people,
Your presence in the community,
Your call to justice and peace.
May the sacraments stir in us that
same love for all people.

Christ Jesus,
help us to imitate Your example;
healing the sick,
welcoming the stranger,
assisting the poor and vulnerable.

May these remind of Your love
and self-giving,
which we strive to imitate.

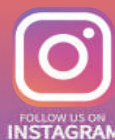
We ask You, through Christ,
our Lord.
Amen.



**POPE LEO'S
PRAYER INTENTION
FOR August**
For Evangelisation in the City
Let us pray for that in large cities often marked by anonymity and loneliness we find new ways to proclaim the Gospel, discovering creative paths to build community.

Follow us on
facebook

Pittwater
Catholic Parish



MASS TIMES

SACRED HEART CHURCH
1 Keenan Street, Mona Vale

★ WEEKDAY MASSES ★

TUESDAY - 9.30 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8.30 am followed by Mass

WEDNESDAY - 9.30 am

THURSDAY - 7.00 pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30 pm to 9.00 pm

FRIDAY - 9.30 AM
FIRST FRIDAY of the Month,
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30 am, followed by Healing Mass/ Anointing of the Sick at 10.30 am

★ WEEKEND MASSES ★

SATURDAY VIGIL - 5.00 pm
SUNDAY
8.00 am, 10.00 am & 6.00 pm (Soul Mass)

★ **RECONCILIATION** ★
SATURDAY VIGIL
4.00 pm to 4.30 pm

★ **BAPTISM** ★
4TH SUNDAY of the Month
at 11.30 am

MARIA REGINA CHURCH
7 Central Road, Avalon

★ **WEEKDAY MASSES** ★
MONDAY - 8.00am

WEDNESDAY - 8.00 am

THURSDAY - 10.00 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction at 9.00 am

FRIDAY - 8.00 am
FIRST FRIDAY of the Month,
Healing Mass/ Anointing of the Sick at 8.00 am

★ **RECONCILIATION** ★
Before Vigil Mass on Saturday

★ **WEEKEND MASSES** ★
SATURDAY VIGIL - 6.00 pm
SUNDAY - 9.00 am

★ **BAPTISM** ★
3RD SUNDAY of the Month
at 11.00 am

WE PRAY for

RECENTLY DECEASED

PATRICIA EILEEN AUSTIN

DECEASED ANNIVERSARY

ALOYSIUS FERNANDES

Prayer for the SICK

Lord, look with mercy on your servants who are sick. Bring them comfort, healing and strength.

ANNA ŚMIGOWSKA

LILY JANOSIK

SUE FRENCH

MAUREEN LARIOS

ELAINE BOYES

PAULINE CHIPMAN

RON CLARKE

BARBARA CLARKE

ANNA KATANEC

OTMA NOUAK

ANGELA MILLER

PHILIP KHALIFEH

JOSEPH KHALIFEH

GEORGE AZOURY

BRUCE FARR

JAMES

JACINTA PURNELL-MAJOR

NENITA ROQUE

MARIE CELINE- MACA

NEDA CRVELIN

JESSE CATHERSIDES

MARY REILLY

NOEL REILLY

THERESE KEANE

MARTA BIZUBOVA

LIAM GAVIN

RICHARD LIM

JAMIE CONNOLLY

AMADEA LUONG

ALFRED FIELD

FRANK KELLENDONK

NAZARENO CIRILLO

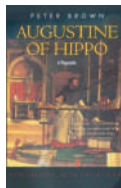
GARY O'BRIEN

BOOK REVIEW

Augustine of Hippo

A Biography

by: Peter Brown



Both philosophically and as a reader of the Bible, he is a challenge to anyone alive now. Read his life story.

'If any of you wants to be My follower, you must give up your own way, take up your cross, and follow Me.'

Mark 8:34



LITURGY FOR THE WEEK

31/08 Monday, Ordinary Time 22
1 Cor 2:1-5; Lk 4:16-30

01/09 Tuesday, Ordinary Time 22
1 Cor 2:10-16; Lk 4:31-37

02/09 Wednesday, Ordinary Time 22
1 Cor 3:1-9; Lk 4:38-44

03/09 Thursday, St Gregory the Great
1 Cor 3:18-23; Lk 5:1-11

04/09 Friday, Ordinary Time 22
1 Cor 4:1-5; Lk 5:33-39

05/09 Saturday, Ordinary Time 22
1 Cor 4:6-15; Lk 6:1-5



THE CATHOLIC PARISH OF PITTWATER GIVING

Our parish flourishes through the thoughtful care of resources and the generous commitment of our supporters. With gratitude, we thank all who help sustain our parish life, care for our Church and support the ministries that serve our community.

TO Make DONATIONS

SCAN the QR CODE below with your mobile phone camera and follow the prompts

Donations can be made weekly, fortnightly, monthly or one-off.



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(Clergy Giving)

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(Parish Giving)

Pastoral Works Broken Bay

All PWBB donations over \$2 are 100% tax deductible

Pastoral Works Broken Bay is the charitable outreach of our Catholic community, supporting the pastoral priorities of the Diocese. It plays a vital role in funding life changing ministries, strengthening families and nurturing parish communities across Broken Bay.

Has Your Credit Card Expired?

If you support the Parish through credit card giving, please let us know if your card details have changed or expired.

Direct Debit

You may also choose to support the Parish through direct debit. This can be set up easily and securely by contacting the Parish Office, who will arrange it for you.

Safeguarding

Catholic Parish of Pittwater

The Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering safe, caring communities for all, especially children and vulnerable people, guided by our faith in Jesus Christ.

Everyone is encouraged to provide feedback on the Diocese of Broken Bay webpage.



Diocese of Broken Bay Safeguarding
www.bbcatholic.org.au/safeguarding

Safeguarding is everyone's responsibility.

OUR PARISH SCHOOLS



Parish Bulletin- Term 3, Week 6

It has been another vibrant week at Mater Maria, with students embracing opportunities to learn, serve and grow. As part of the Jarjum Initiative, we welcomed visitors from across the Catholic Schools Broken Bay Diocese to our College Chapel for a gathering focused on supporting Indigenous children. Students and staff engaged in meaningful experiences exploring Aboriginal spirituality and its connection to our Catholic faith. Our Year 11 and 12 musicians provided music for the event, and students enjoyed cultural dance and music performances. Year 8 students also participated in a NAISDA Dance Workshop as part of their study of Music Around the World.

The Arts continue to thrive, with the first heats of our Battle of the Bands competition showcasing impressive talent and enthusiasm of our students during lunchtime performances. We look forward to seeing the competition continue in the weeks ahead.

In recognition of National Skills Week, Year 10 students attended a Maritime Industry Experience Day at Pittwater, where they explored a range of career pathways and gained hands-on experience in marine trades, boating and maritime safety.

We were delighted to welcome our newest students for their Year 7 2027 Orientation Days. It was wonderful to see students beginning to form friendships and connections as they prepare to join our community next year. Their parents also an evening information session to learn more about life at Mater.

Our students once again demonstrated creativity through the annual Write a Book in a Day challenge. Working collaboratively from morning until evening, students created children's books that will bring comfort and joy to young patients undergoing treatment at Westmead Hospital. We are incredibly proud of their creativity, commitment and compassion.

Our after-school Drama Program continues to grow, with almost 40 students now participating across a range of performances and competitions. Meanwhile, student leaders hosted another successful Faith Friday, providing opportunities for prayer, reflection and community.

On Friday afternoon, students participated in an Environmental Action Day, revitalising our composting program, restoring garden beds and cleaning areas around the College. Guided by our Stewardship Prefects and incoming student leaders, the initiative reflected our commitment to caring for our common home.

Mater students continue to embrace a wide range of co-curricular opportunities, including the MWBA Basketball Program, Peninsula Cup Soccer and Rugby Competitions and the Broken Bay basketball competitions. Participation in these activities fosters teamwork, resilience, sportsmanship and school spirit while enriching the overall student experience.

Enrolment applications are now open for Year 7 2030. Families are reminded that Year 7 2027 and 2028 are currently at capacity, with waitlists in place. Limited places may become available for Year 7 2029 should vacancies arise through future offer rounds. Further information is available at: matermaria.nsw.edu.au/enrolments

We thank our parish community for your continued prayers and support.



Sacred Heart Catholic Primary School Week 6, Term 3

It has been another week of faith, learning and community at Sacred Heart Catholic Primary School.

Our students proudly represented the school at the Zone Athletics Carnival at Homebush, displaying outstanding sportsmanship, perseverance and school spirit. We congratulate all participants on their efforts and the way they represented our school with pride.

A special highlight was our Year 4 faith gathering with parents, where students shared a beautiful performance of *Blessed Be Your Name*. Through their singing and actions, they helped create a joyful and prayerful atmosphere that was enjoyed by all in attendance.

Many of our students have also celebrated the Sacrament of Reconciliation as part of their preparation for First Holy Communion. We keep this children and their families in our prayers as they continue this important stage of their sacramental journey and grow deeper in their relationship with Christ.

Recently, our Year 1 students visited Mary Mackillop Place in North Sydney for a retreat experience. Through prayer, reflection and learning about the life of Saint Mary Mackillop. Our school community has also shown great generosity in responding to the needs of others. Through a Mufti Day fundraiser supporting Mary Mac's Place in Woy Woy and contributions to the St Vincent de Paul Winter Appeal, students and families have demonstrated the compassionate spirit that lies at the heart of our Catholic Mission.

As we move through the term, we give thanks for the many opportunities our students have to grow in faith, learning and service. We thank our dedicated staff, supportive families and parish community for their continued partnership and prayers.

"Never see a need without doing something about it." - Saint Mary Mackillop



PARISH DIRECTORY

PITTWATER PARISH



1 Keenan Street
Mona Vale NSW 2103



9157 0999



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Mobile 0417 061 534



SACRED HEART CHURCH
1 Keenan Street, Mona Vale



MARIA REGINA CHURCH
7 Central Road, Avalon



SCHOOLS
SACRED HEART SCHOOL, Mona Vale
Tel 8197 6900
Principal: Ms Louise O'Brien

MARIA REGINA SCHOOL, Avalon
Tel 7256 2138
Principal: Ms Kirsty Thorpe

MATER MARIA CATHOLIC COLLEGE, Warriewood
Tel 7256 2100
Principal: Mr Anthony Mahoney

Prayer for our
First Eucharist
Candidates

Please pray for the children who are preparing to receive their First Eucharist. They are now attending weekly preparation sessions and will receive the Eucharist at one of the following Masses:



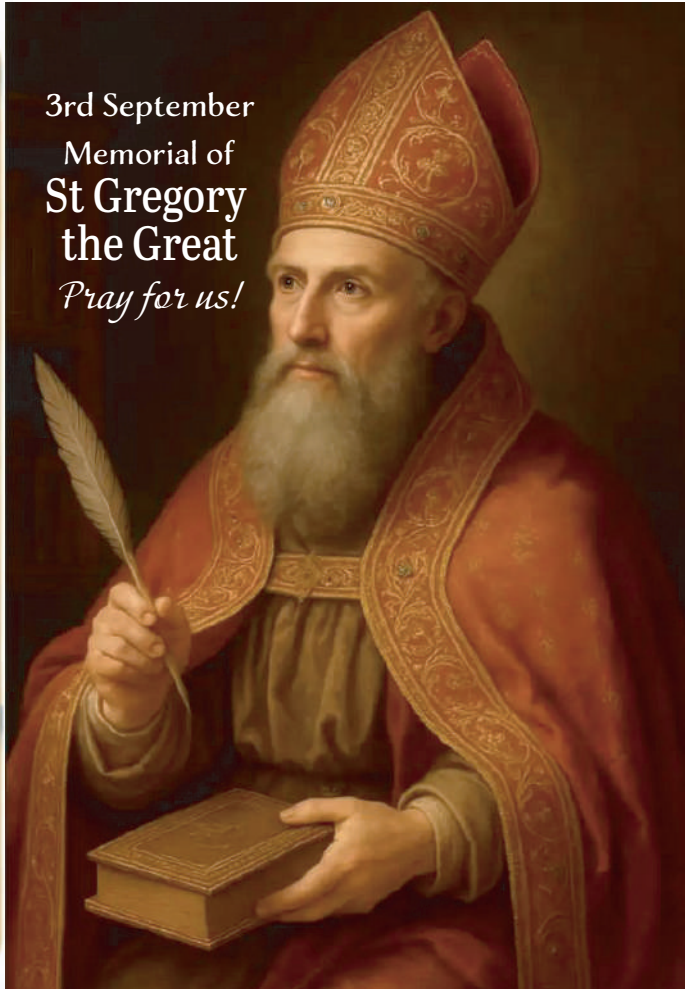
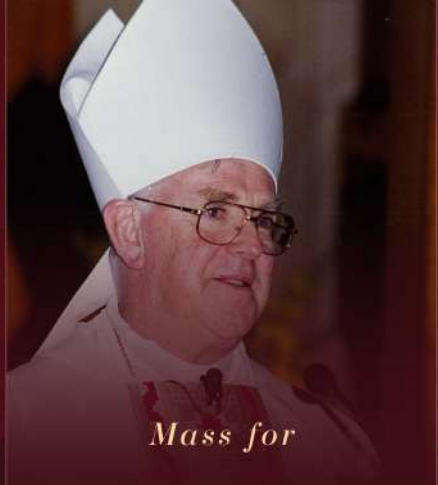
Maria Regina Church, Avalon
 12 September at 6 pm
 13 September at 9 am



Sacred Heart Church, Mona Vale
 19 September at 5 pm
 20 September at 10 am
 20 September at 12 noon



3rd September
 Memorial of
St Gregory the Great
Pray for us!

Mass for

BISHOP DAVID WALKER'S

30th Episcopal Anniversary

OUR LADY OF DOLOURS,
 CHATSWOOD

THURSDAY 3 SEPTEMBER 2026
 7.00PM

Hospitality following Mass. All Welcome.



THE CATHOLIC GP MINI EXPO

Courageous Catholic Medicine in a Secular World

So many people ask us: "*Where can I find a Catholic GP?*" And so many Catholic GPs simply want to work in a practice that supports ethical medicine.

It's time to have a conversation about the highs and lows of the ethical medicine journey.

Please join our panel as we discuss what it means to be a Catholic working as a General Practitioner.



 **Bishop Bede Heather Centre**
 1-5 Marion Street
 Blacktown NSW 2148

 **Saturday, 12 Sept 2026**
 2:00 - 4:30 PM



NEW SOUTH WALES
CATHOLIC MEDICAL ASSOCIATION

RSVP via our email admin@catholicmedicine.org by Friday, 11 September 2026

If you have any questions for our panelists please send your questions through with your RSVP. Thanks!

"Blessed is the man who trusts in the Lord and has made the Lord and has made the Lord his hope and confidence." Jeremiah 17:7

6th September

happy FATHER'S DAY

We invite all Fathers for a Special Blessing during these Masses:

SACRED HEART CHURCH, Mona Vale
Saturday, 5th September
5 pm (Vigil Mass)
Sunday, 6th September
8 am, 10 am & 6 pm (Soul Mass)

MARIA REGINA CHURCH, Avalon
Saturday, 5th September
6 pm (Vigil Mass)
Sunday, 6th September
9 am

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in a supportive community.



DISCOVER
Ask questions
and share



GROW
Deepen your
faith



BELONG
Be part of our
Catholic family



**WEDNESDAY,
16TH SEPTEMBER
AT 7 PM**



SACRED HEART CHURCH PARISH CENTRE



Everyone is welcome

♥ COME AS YOU ARE. YOU ARE NOT ALONE ON THIS JOURNEY.

VOLUNTEERS NEEDED

Help Us Keep Our Masses Running Smoothly

READERS

Share the Word of God with Our Parish Community



PowerPoint Operators

We're looking for volunteers to help operate the PowerPoint slides during our Masses. If you're comfortable using PowerPoint or would like to learn, we'd love to have you on the team!



Sound Technician

For anyone who are interested, the parish will also provide training on how to operate the sound system.



Readers

We're also seeking Readers to proclaim the Word of God at Mass.

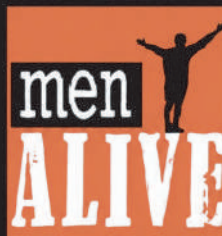
If you're interested in volunteering,



please call the **Parish Office on 9157 0999**



Thank you for your time and for helping
make our Masses run smoothly!



WE MEET

First & Third Tuesday
of every Month
at 7 pm



**SACRED HEART
PARISH CENTRE**

A National Catholic Ministry for Men, founded
out of a response to a great need in the hearts &
lives of men & great need in the life of the
Catholic Church.

ALL MEN ARE WELCOME



JOIN US – MEN'S FAITH GATHERING

We warmly invite all men of our parish & community
to come together at 7:00 pm for an informal &
faith-filled evening of conversation, reflection &
brotherhood.



For any questions, contact
Joe Cilia - 0418 863 814



The *Living* Word

Entrance Antiphon Psalm 85:1-3
Have mercy on me, O Lord, for I cry to you all the day long. O Lord, you are good and forgiving, full of mercy to all who call to you.

First Reading Jeremiah 20:7-9
A reading from the prophet Jeremiah
The word of the Lord God has meant derision for me.

You have seduced me, Lord, and I have let myself be seduced; you have overpowered me: you were the stronger. I am a daily laughing-stock, everybody's butt. Each time I speak the word, I have to howl and proclaim: 'Violence and ruin!' The word of the Lord has meant for me insult, derision, all day long. I used to say, I will not think about him, I will not speak in his name any more. Then there seemed to be a fire burning in my heart, imprisoned in my bones. The effort to restrain it wearied me, I could not bear it.

The word of the Lord

Responsorial Psalm
Ps 62:2-6. 8-9. R. v.2
(R.) My soul is thirsting for you, O Lord my God.

O God, you are my God, for you I long; for you my soul is thirsting. My body pines for you like a dry, weary land without water. **(R.)**

So I gaze on you in the sanctuary to see your strength and your glory. For your love is better than life, my lips will speak your praise. **(R.)**

So I will bless you all my life, in your name I will lift up my hands. My soul shall be filled as with a banquet, my mouth shall praise you with joy. **(R.)**

For you have been my help; in the shadow of your wings I rejoice. My soul clings to you; your right hand holds me fast. **(R.)**

Second Reading Romans 12:1-2
A reading from the letter of St Paul to the Romans
May you present your bodies as a living sacrifice.

Think of God's mercy, my brothers, and worship him, I beg you, in a way that is worthy of thinking beings, by offering your living bodies as a holy sacrifice, truly pleasing to God. Do not model yourselves on the behaviour of the world around you, but let your behaviour change, modelled by your new mind. This is the only way to discover the will of God and know what is good, what it is that God wants, what is the perfect thing to do.

The word of the Lord.

Gospel Acclamation Ephesians 1:17-18

Alleluia, alleluia!
May the Father of our Lord Jesus Christ enlighten the eyes of our heart, that we might see how great is the hope to which we are called.
Alleluia!

Gospel Matthew 16:21-27
A reading from the holy Gospel according to Matthew
Whoever wishes to come after me must deny himself.

Jesus began to make it clear to his disciples that he was destined to go to Jerusalem and suffer grievously at the hands of the elders and chief priests and scribes, to be put to death and to be raised up on the third day. Then, taking him aside, Peter started to remonstrate with him. 'Heaven preserve you, Lord,' he said. 'This must not happen to you.' But he turned and said to Peter, 'Get behind me, Satan! You are an obstacle in my path, because the way you think is not God's way but man's.' Then Jesus said to his disciples, 'If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me. For anyone who wants to save his life will lose it; but anyone who loses his life for my sake will find it. What, then, will a man gain if he wins the whole world and ruins his life? Or what has a man to offer in exchange for his life? 'For the Son of Man is going to come in the glory of his Father with his angels, and, when he does, he will reward each one according to his behaviour.'

The Gospel of the Lord.

Communion Antiphon Psalm 30:20
How great is the goodness, Lord, that you keep for those who fear you.

REFLECTION
by Dianne Bergant

The gospel does not say that Jesus will gallantly step forward, take suffering upon himself, and thus demonstrate his power. Instead, his fate will be a demonstration of his vulnerability. He will be taken forcibly and will suffer at the hands of others. He will do this willingly, but not as a volunteer. Jesus will be a victim. This picture of Jesus carries implications for discipleship. Whoever follows him must follow him to the cross. If we participate in his success, we must also share in his shame. Disciples have a choice to follow or not to follow, but if they choose in his favour they must be ready for suffering and humiliation. Paul exhorts us to reject the standards of the world. This is a very difficult path to follow, especially when it seems that those who conform to this age prosper.

Following Christ can place barriers between ourselves and others. If we no longer share their values and their interests, we may feel alienated. Suffering is bound to invade our ministerial lives as well. We must remember that Jesus' message antagonised many people in his day. Those who proclaim the same message in their own contexts must be prepared for a similar reaction. After witnessing the marvellous feats that Jesus accomplished, we discover that he is going to suffer and be put to death. How can this be? With Peter we protest. With Jeremiah we wonder: Have we been duped? The realisation that we too will have to suffer becomes a crucial test of our faith.

© Dianne Bergant CSA

PARISH MORNING TEA GATHERING

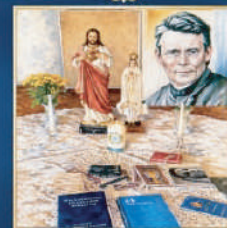
Everyone is welcome to join.

**Every month after the
8 am Mass on the 1st Sunday
and after the 10 am Mass on
the 3rd Sunday at
SACRED HEART CHURCH,
MONA VALE**

**Last Sunday after the
9 am Mass
at the front of
MARIA REGINA CHURCH,
AVALON**

*Come and enjoy a cuppa,
light refreshments and the
opportunity to catch up with
fellow parishioners in a
friendly and welcoming
atmosphere.*

BLESSED FRANCIS JORDAN PRAYER GROUP



**Come and spend time in prayer,
reflection and devotion to our
Blessed Mother and Blessed Francis
Mary of the Cross Jordan
as we gather together to deepen
our faith and seek their loving
intercession.**

**We warmly invite everyone
to join us weekly.**

**AFTER THE 9:30 AM MASS,
ON WEDNESDAYS**

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MITRE 10**



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MONDAYS

9:30 - 11:30

(SCHOOL TERM)

Please CONTACT

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02 9997 5848

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